

At Lighthouse Recovery Services we provide the opportunity for someone to change their life through safe housing, participation in a twelve-step recovery program and a life skills curriculum. By changing an individual's environment and guiding them in the right direction, our program provides the support needed for that individual to be successful in their recovery and the ultimate goal- to change their life and the lives of their families for the better. Each person who begins the road to recovery embarks on the journey of a lifetime- one that will impact everyone they touch in the future.



Lighting the way to recovery.



Lighthouse Recovery Services

731 Hall St
Owensboro, KY 42303

Phone: (270) 689-4025
Fax: (270) 683-4992

Web: lighthouserecoveryervicesinc.org

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A Substance Abuse Recovery Center

*Lighting
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to recovery*

Lighthouse Recovery Services is an 18 month program that is developed to help with substance abuse issues. We provide services for males and females. The program consists of three six month components.

Residential

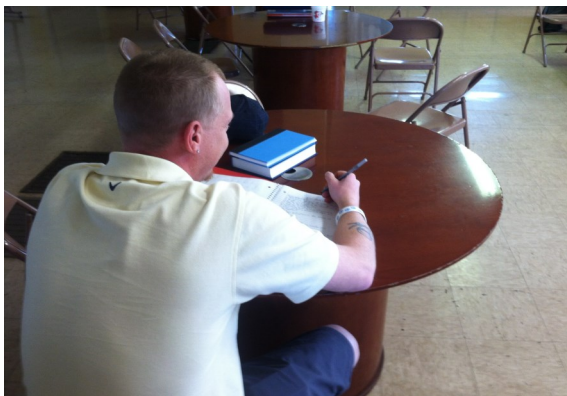
The first six months of the program is a residential phase and is based on a therapeutic community model. The therapeutic community model is a peer-based model where program participants address the behaviors of other individuals within the community. Suggestions are given by peers as to how to address the negative behaviors they see. The process is facilitated and monitored by staff. The participants are involved in twelve-step recovery and begin recovery-based classes. Each participant is assigned a sponsor in recovery and begins working the twelve-step recovery program. As the participants progress, privileges are earned within the program, such as senior-level positions and freedom to connect back with their families. These earned privileges are positive re-enforcement that encourage the participants to see the positive outcomes of a successful recovery. During the residential phase, the participants will find gainful employment while attending life-skills classes dealing with budgeting and credit counseling, parenting, and food preparation. This is vital to helping become productive members of society and reducing recidivism.

During the residential phase, the participants also begin to make restitution. Once the participant has finished with the residential phase of the program, they will begin the first of two phases of aftercare.

Aftercare

The after care is a two-phase process that consists of a six-months period for each phase. In the first phase of aftercare, the participant will move from the facility and continue to be gainfully employed. The individual will stay involved in their twelve step recovery and also attend recovery classes on property. Case managers are assigned to monitor each participant's progress and also offer support. The transition to aftercare can be overwhelming and we want to provide the best opportunity for those who attend our program to succeed.

In the final phase of aftercare, the participant will continue with twelve step recovery and start aftercare classes provided at the facility. Case managers will continue to monitor progress but will be requiring less classes and meetings for the partici-



Time for reflecting on what they have learned.

pant to attend. The participants in this last phase are encouraged “to give back” to those who are in-house, by facilitating a class or possibly mentoring the participant who is involved in the twelve step recovery community.

All participants of the program are monitored by staff and case managers throughout each phase of the program.

The process of recovery can be a very trying time, so leading by example and providing support is what we do best at Lighthouse Recovery Services.

Everyone who is dealing with substance abuse issues deserves a chance to recover, and providing a service to help people overcome this is our mission.

Phone: 270-689-4025

Fax: 270-683-4992